

Zachary Elementary School  
October Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
10-2-17	10-3-17	10-4-17	10-5-17	10-6-17
Beef-a- Roni Mixed Veggies Broccoli Pear Roll Milk	Beefy Nacho w/ Cheese Refried Beans Salsa Cup Lettuce/ Tomato Cup Corn Apple Sauce Milk	Spaghetti w/ Meat Sauce Tossed Salad w/ Dress Carrot / Celery W/ Dress Orange Garlic Rolls Milk	Salisbury Steak Mashed Potatoes w/ Gravy Sweet Peas Mandarin Oranges Roll Milk	Chicken Nuggets Mac-n- Cheese Green Beans Watermelon Roll Milk
10-9-17	10-10-17	10-11-17	10-12-17	10-13-17
Fall Break	Fall Break	Chicken Alfredo Tossed Salad w/ Dress Broccoli Man. Oranges Brownie Bites Milk	Meatloaf Mashed Potatoes w/Gravy Sweet Peas Grapes Rolls Milk	Beef Rib Patties on Bun Mac-n- Cheese Green Beans Peaches Rolls Milk
10-16-17	10-17-17	10-18-17	10-19-17	10-20-17
Beef – a Roni Mixed Veggies Broccoli Pears Roll Milk	Chicken Fajitas Refried Beans Salsa Cup Lettuce/ Tomato Cup Corn Mix Fruit Milk	Spaghetti w/ Meat Sauce Tossed Salad w/ Dress Carrot/ Celery Cup Pineapple Garlic Bread Milk	Salisbury Steak Mashed Potatoes w/ Gravy Sweet Peas Man. Orange Roll Milk	Chicken Nuggets Mac-n- Cheese Green Beans Ice Dog Frozen Slush Roll Milk
10-23-17	10-24-17	10-25-17	10-26-17	10-27-17
White Beans W/ Sausage Brown Rice Carrot Coin Apple Sauce Cornbread Milk	Taco Maxx Snaxx Refried Beans Corn Salsa Cup Mixed Fruit Milk	Meatloaf w/ Gravy Mashed Potatoes California Blend Veggies Pineapple Roll Milk	BBQ Chicken Baked Beans Mustard Greens Peaches Apple Fruit Pocket Milk	Pepperoni and Cheese Pizza Marinara Dip Cup Tossed Salad w/ Dress Cucumber/ Tomato Salad Plums Milk
10-30-17	10-31-17			
Chicken & Sausage Gumbo Steamed Rice Potato Salad Pineapple Roll Milk	Beefy Nacho w/ Cheese Salsa Cup Lettuce/ Tomato Corn Fresh Pear Milk			

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Lunch Menu September 2017: Single Line Cafeterias

